



**East, North and South Ayrshire Active Travel Hubs  
present...**



**3rd-11th September**  
**Local walks led by local organisations**

# AYRSHIRE WALKING FESTIVAL 2022



Welcome to our first Ayrshire Walking Festival! This year we are very excited to host an Ayrshire wide walking festival with walks showcasing the best Ayrshire has to offer and a variety of walks to take part in and suit different needs.

This festival is hosted in partnership with East, North and South Ayrshire Active Travel Hubs to promote walking for health and for a greener way to travel for short journeys.

We asked local organisations to lead walks for the festival and would like to say a **huge thank you** to everyone who said yes and is leading a walk this year!



# WALK INFORMATION, GRADING AND WALK KEY

We have tried to include something for everyone in the programme, no matter what your ability, age or interest. To help you decide if a walk is suitable for you, we have asked the leaders to grade each walk and provide information using the key below.



Suitable to most levels of fitness (leisurely walk)

Suitable for reasonably fit people

Suitable for more experienced walkers



Walking shoes/boots recommended



Accessible for wheelchair users



Dogs (on lead) welcome



Accessible for pushchairs



Toilet facilities available at the start/end of the walk



Open to all ages (children must be accompanied by an adult)

All of our walks will be FREE of charge however some walks will require booking so please book using the links provided in the programme.

If you have any questions you can also contact walk leaders via contact details provided.

# FESTIVAL SCHEDULE

## SATURDAY 3RD SEPTEMBER



**Maidens to Dunure along the  
Ayrshire Coastal Path**



TIME: 10am - 2pm | LED BY: Ayrshire Coastal Path Trail Manager Dr Jimmy Begg

A unique opportunity to join the Ayrshire Coastal Path volunteer Pathmindes on a hike to discover the section between Maidens and Dunure via Culzean Castle Country Park. Along the way enjoy fabulous views and great wildlife-spotting opportunities.

Booking essential - <https://www.eventbrite.co.uk/e/280539450047>

Contact: [info@ayrshirecoastalpath.org](mailto:info@ayrshirecoastalpath.org)

Start point: Public car park on Maidens Road, Maidens - just north of Wildings Restaurant

Distance: 7 miles



**Nordic Walking in Eglinton Park**



TIME: 10.30am - 12pm | LED BY: Fiona Fisher on behalf of FMF Fitness

Turn a walk into a total body workout using the Power of the Poles. This normally £15 per session is FREE for the Ayrshire Walking Festival only. At the end of this structured teaching programme you will understand the benefits of using poles with the correct technique and you will be issued with the NWUK Freedom Passport, allowing you to join thousands of walks & classes, every week all around the UK. Suitable for all levels. Poles are provided. Free car parking, toilets and café on site.

Booking essential - [Fiona Fisher \(nordicwalking.co.uk\)](http://FionaFisher.nordicwalking.co.uk)

Contact: 07920098171

Start point: Eglinton Country Park, Kilwinning, KA12 8TA. Meet in carpark opposite kids play area.

Distance: 3.5 Miles



**Mauchline to River Ayr Way Circular**



TIME: 1pm-3pm | LED BY: East Ayrshire Leisure Trust

Our walk will follow a circular route, from Mauchline down to the River Ayr at Haugh Farm, before heading upstream along the River Ayr Way path, and then back to the town. Our focus will be the fantastic red sandstone of this area, and how it has been shaped by the river, and by ancient and Victorian man.

Booking essential - Book via email ([rangers@eastayrshireleisure.com](mailto:rangers@eastayrshireleisure.com))

Contact: Call 01563 55 4735 or email on email address above

Start point: Loudoun Street public car park, Mauchline (KA5 5BU)

Distance: 3.2 Miles

# FESTIVAL SCHEDULE

## SUNDAY 4TH SEPTEMBER



### Hawker Hurricane memorial cairn



TIME: 10am - 1pm | LED BY: Jim Murphy on behalf of the Doon Valley walkers

A walk along forest roads, last 100 metres is over an old fire break from the south of Loch Doon past the castle to the crash site of the Hawker Hurricane which crashed near Loch Doon 18th March 1944. Flight Officer MacTavish was killed in the accident aged 24.

No need to book, just turn up!

Contact: 07944996655 or jim@doonvalleywalkers.co.uk

Start point: Car park at Top of Loch Doon, Past the castle. GR NX476 941

Distance: 7.5 Miles



### Eglinton Park Cani-Hike



TIME: 10am - 11am | LED BY: Lindsay Johnson on behalf of Cani-Fit

Cani-Hike is a fast paced walking session where you work in a team with your dog! Using special pulling harnesses derived from sled dog sports for the dogs and hiking belts for the owners, we'll show you how to harness that pulling power and get your hike on.

Booking essential - <https://cani-fit.com/event/eglington-cani-hike-part-of-ayrshire-walking-festival/>

Contact: caninefit@gmail.com or 07709394667

Start point: Eglinton Country Park, KA12 8TT. Meeting 'new' car park, through the stone pillars

Distance: 3 Miles



### Auchans House Loop, Dundonald



TIME: 11am - 12.30pm | LED BY: Gillian's Walks and EnRich Outdoors

A wildlife- and nature-focused walk through the ancient woodlands beneath Dundonald Castle to the stunning 16th century ruins of Old Auchans House.

Booking essential - <https://www.eventbrite.co.uk/e/old-auchans-house-walk-ayrshire-walking-festival-2022-registration-279543009667>

Contact: gillianswalks@gmail.com or enrichoutdoors@gmail.com

Start point: Dundonald Castle Visitor Centre, Winehouse Yett, Dundonald, KA2 9HD

Distance: 2.5 miles

# FESTIVAL SCHEDULE

## SUNDAY 4TH SEPTEMBER CONTINUED



### Exploring Eglinton



TIME: 1.30pm - 3.30pm | LED BY: North Ayrshire Council Ranger Service

A general walk around Eglinton Country Park, led by a Ranger, looking at natural history and heritage features along the way.

Booking essential - <https://www.eventbrite.co.uk/e/ayrshire-walking-festival-eglington-exploration-tickets-354456818887>

Contact: [helenmcdowall@north-ayrshire.gov.uk](mailto:helenmcdowall@north-ayrshire.gov.uk)

Start point: The courtyard, Eglinton Country Park Visitor Centre, KA12

Distance: 3.5-4 miles



### Barrmill Heritage Walk



TIME: 2pm - 4pm | LED BY: Carrick Crawford on behalf of the Barrmill Conservation Group

Join our local historian and naturalist as he takes you on a guided tour of the Village of Barrmill, North Ayrshire exploring the industrial heritage of the thread mills, limekilns and rail lines and how it has shaped the landscape for nature and people.

Booking essential - <https://fb.me/e/7q9TdLkIZ> or email [fionafisher.bcg@yahoo.com](mailto:fionafisher.bcg@yahoo.com)

Contact: [fionafisher.bcg@yahoo.com](mailto:fionafisher.bcg@yahoo.com) or 07920098171

Start point: Barrmill Community Centre, Barrmill, Beith Road, KA15 1HW

Distance: 3.5 Miles



# FESTIVAL SCHEDULE

## MONDAY 5TH SEPTEMBER



**Ayrshire Coastal Path –  
Knock Hill Circular, Largs**



TIME: 9am – 1pm | LED BY: Ayrshire Coastal Path Volunteer Mike Holcombe

A unique opportunity to join the volunteers who look after the Ayrshire Coastal Path on this circular walk from Largs onto the summit of Knock Hill (268m / 879 ft) and back. Learn about the Knock Hill woodland regeneration and enjoy panoramic views out to the Firth of Clyde islands and the Cowal Peninsular.

Booking essential - <https://www.eventbrite.co.uk/e/280583160787>

Contact: [Info@ayrshirecoastalpath.org](mailto:Info@ayrshirecoastalpath.org)

Start point: RNLI Station, Largs Promenade (opposite Vikingar) KA30 8BG

Distance: 8 Miles



**Ayr Health Walk**



TIME: 10am – 11am | LED BY: Sport and Leisure, South Ayrshire Council

An hour long health walk at an easier pace.

No need to book, just turn up!

Contact: Tel: 01292 616442 / 269793 (Option 3) Email: [activityforhealth@south-ayrshire.gov.uk](mailto:activityforhealth@south-ayrshire.gov.uk)

Starting Point: Citadel Leisure Centre, KA7 1JB

Distance: 2 miles



**Inspire South Ayrshire walk**



TIME: 11am – 12pm | LED BY: Inspire South Ayrshire/Ayrshire Sportsability

We would welcome anyone with a disability to come and join our walk and their parents or carers. We are a friendly group who have been meeting weekly for nearly a year. We enjoy using a route along beside River Ayr.

Booking essential - Book via Inspire South Ayrshire Facebook page or by email below

Contact: [admin@ayrshiresportsability.org.uk](mailto:admin@ayrshiresportsability.org.uk)

Start point: Ayr College, Content Street, Ayr KA8 0EU

Distance: 1.5 miles

# FESTIVAL SCHEDULE

## MONDAY 5TH SEPTEMBER CONTINUED



### Dean Castle Health Walk



TIME: 12.30pm - 1.30pm | LED BY: CHAT EA (Vibrant Communities)

The Community Health activity Team (CHAT) supports those living with long term health conditions to be active. We have walking groups across East Ayrshire and they are inclusive and suitable for those looking to build up their fitness to walk for one hour. This walk is around the grounds of Dean Park and is suitable for all.

Booking essential - Email or contact the phone number provided below

Contact: [chat@east-ayrshire.gov.uk](mailto:chat@east-ayrshire.gov.uk)

Start point: Dean Castle Country Park Car Park

Distance: 1-3 Miles depending on fitness level of group



### Auchenharvie Nordic Walk



TIME: 1pm - 2pm | LED BY: KA Leisure

A Nordic walk around the local landscapes that may include short inclines and/or increased pace on sections of the walk for participants to feel the benefits of using the Nordic Walking Poles.

Booking essential - Contact any KA Leisure Centre to book into walk or contact 07436561356

Contact: As above

Start point: Front door of Auchenharvie leisure centre

Distance: 1.5-3 miles



### Long Cairn Walk, Darvel



TIME: 10am-3pm | LED BY: Valley WalkFest

A walk on farm tracks and country roads. Some sections muddy and steep. Sites of interest include Neolithic long Cairn and Spirit of Scotland Sculpture. Return to Darvel via the old railway track.

No need to book, just turn up!

Contact: [valleywalkfest@gmail.com](mailto:valleywalkfest@gmail.com)

Start point: Hastings Square KA17 ODT

Distance: 9 Miles

# FESTIVAL SCHEDULE

## TUESDAY 6TH SEPTEMBER



### Dumfries House Health Walk



TIME: 10.30am-11.30am | LED BY: CHAT EA (Vibrant Communities)

The Community Health activity Team (CHAT) supports those living with long term health conditions to be active. We have walking groups across East Ayrshire and they are inclusive and suitable for those looking to build up their fitness to walk for one hour. This walk is a picturesque route through the grounds of Dumfries House

Booking essential - Email or contact the phone number provided below

Contact: [chat@east-ayrshire.gov.uk](mailto:chat@east-ayrshire.gov.uk) or [Alistair.Owen@east-ayrshire.gov.uk](mailto:Alistair.Owen@east-ayrshire.gov.uk) or 07904 962678

Start point: Dumfries House Main Car Park

Distance: 1-3 Miles depending on fitness level of group



### Ayr United 'Football' Club



TIME: 10.30am - 12pm | LED BY: Ayr United Football Academy

Route 1 – Starting with a lap of the hallowed turf at Ayr United FC, the Strollers will head towards Whitletts to watch the first team training and the returning to Somerset Park for tea/coffee and refreshments at the Somerset Hub.

Route 2 – A stadium tour and laps of the hallowed turf at Ayr United FC followed by tea/coffee and refreshments at the Somerset Hub. Route will be dependent on first team training on the day. If the first team is off or not training at Whitletts, we will opt for route 2. If the first team is in that day we will get some players over to the hub to meet the Strollers!

Booking essential - Email [health@aufa.org.uk](mailto:health@aufa.org.uk) to book on

Contact: Email [health@aufa.org.uk](mailto:health@aufa.org.uk) or Telephone- 01292 263435

Start point: Ayr United Football Club, Somerset Park, Tryfield Place, Ayr, KA8 9NB

Distance: Route 1 – 2.5 miles maximum, Route 2 – 1 to 2 miles maximum



# FESTIVAL SCHEDULE

## TUESDAY 6TH SEPTEMBER CONTINUED



### Stroll with It Brodick



TIME: 11am-12.15pm | LED BY: Stroll With It Arran

This circular walk includes a stroll along the Fisherman's Walk with views across Brodick Bay and the historic Douglas Row. The walk is mostly flat and includes pavements, paths that may be muddy in places and a board walk along the shore

Booking essential - Email [StrollWithItArran.ecosavvy@gmail.com](mailto:StrollWithItArran.ecosavvy@gmail.com)

Contact: [StrollWithItArran.ecosavvy@gmail.com](mailto:StrollWithItArran.ecosavvy@gmail.com)

Start point: Outside Arran Ecosavvy's base at, Ormidale Pavilion, Brodick, Arran, KA27 8DL

Distance: 1.5 miles



### Shed Shuftly



TIME: 12.30pm - 1.30pm | LED BY: Garnock Valley Men's Shed

A gentle shuftly from Garnock Valley Men's Shed around Kilbirnie and Glengarnock. Refreshments provided in the shed kitchen at the end of the walk.

Booking essential - Email [stewartbeck@north-ayrshire.gov.uk](mailto:stewartbeck@north-ayrshire.gov.uk)

Contact: [stewartbeck@north-ayrshire.gov.uk](mailto:stewartbeck@north-ayrshire.gov.uk)

Start point: Garnock Valley Men's Shed, Ladysmith Road, Kilbirnie, KA25 6BH

Distance: 3 miles



### Stroll with it Kilwinning



TIME: 1pm-3pm | LED BY: North Ayrshire Council

Our starting line will be from Kilwinning Library where we will take a gentle stroll along to our famous viaduct. From there, we will enjoy the beautiful surroundings nature has to offer whilst passing by local farms (farm animals included), and a community garden.

No need to book, just turn up!

Contact: [kimberlyoneill@north-ayrshire.gov.uk](mailto:kimberlyoneill@north-ayrshire.gov.uk) or 07823551921

Start point: Kilwinning Library, St Winnings Lane, KA13 6EX

Distance: 1-3 Miles

# FESTIVAL SCHEDULE

## WEDNESDAY 7TH SEPTEMBER



### Newmilns Health Walk



TIME: 10am-11am | LED BY: CHAT EA (Vibrant Communities)

The Community Health activity Team (CHAT) supports those living with long term health conditions to be active. We have walking groups across East Ayrshire and they are inclusive and suitable for those looking to build up their fitness to walk for one hour. This route goes along the river between Newmilns and Darvel

Booking essential - Email or contact the phone number provided below

Contact: [chat@east-ayrshire.gov.uk](mailto:chat@east-ayrshire.gov.uk) or [Alistair.Owen@east-ayrshire.gov.uk](mailto:Alistair.Owen@east-ayrshire.gov.uk) or 07904 962678

Start point: Car park at Loudon Church, Newmilns, KA16 9DG

Distance: 1-3 Miles depending on fitness level of group



### Kay Park Health Walk



TIME: 11am-11.30am | LED BY: CHAT EA (Vibrant Communities)

The Community Health activity Team (CHAT) supports those living with long term health conditions to be active. We have walking groups across East Ayrshire and they are inclusive and suitable for those looking to build up their fitness to walk for one hour. This walk around Kay park is suitable for those only able to walk short distances

Booking essential - Email or contact the phone number provided below

Contact: [chat@east-ayrshire.gov.uk](mailto:chat@east-ayrshire.gov.uk) or [Alistair.Owen@east-ayrshire.gov.uk](mailto:Alistair.Owen@east-ayrshire.gov.uk) or 07904 962678

Start point: Car park at Kay Park Bowling Club, Kilmarnock

Distance: 0.5 Miles



### A walk with a view



TIME: 10am - 12pm | LED BY: Thriving Communities, South Ayrshire Council

An easy circular walk starting along Girvan Prom and continuing up a quiet country road and returning through Girvan itself. Spectacular views of Ailsa Craig and the Girvan coastline with a chance to meet the local livestock. Finishing off with one of South Ayrshire Councils finest coffees and possibly a cake made by our regulars.

Booking essential - Contact 01465716169

Contact: As above

Start point: Carrick Opportunities Centre, Henrietta Street, Girvan.

Distance: 3.7 Miles

# FESTIVAL SCHEDULE

## WEDNESDAY 7TH SEPTEMBER CONTINUED



**Glen Rosa – A walk on the wild side  
Landscape, wildlife, history and future**



TIME: 10am - 2pm | LED BY: National Trust for Scotland

This walk takes you to one of the most stunning views on Arran with a chance of seeing golden eagles, adders, and red deer. Initially climbing onto the moorland above Glen Rosa with the reward of a classic view of a glaciated valley, the walk continues by winding down steep paths back into the main glen to see the results of conservation efforts to reinstate upland woodlands including the endemic Arran Whitebeams and discover how people have used and changed the glen for the past 4,500 years.

Terrain: tracks; hill paths (steep, uneven and rocky in places); pathless, rough and boggy moorland; rocks may be very slippery and ground may be wet underfoot.

Waterproofs are essential; please wear walking boots or grippy shoes; and bring a packed lunch.

Booking essential - Bookings are via Eventbrite <https://tinyurl.com/GlenRosaWalk>

Contact: [goatfell@nts.org.uk](mailto:goatfell@nts.org.uk) or phone 01770 302462

Start point: Glen Rosa, Isle of Arran. Full details will be given upon booking.

Distance: 4.5 miles with 350m ascent

\*There is a suggested donation for this walk of £20pp.

The walk is run by the National Trust for Scotland, an independent charity that protects and cares for some of our country's most precious historic places and natural landscapes on behalf of the people of Scotland. To do this, we rely on grants, donations and the support of our members and volunteers.



**River Ayr to Greenan Castle Loop**



TIME: 10am - 1pm | LED BY: Health and Wellbeing Team – South Ayrshire

Join us for a River Ayr walk which takes in the beautiful surroundings before heading up to Greenan Castle along the seafront. This walk is wheelchair friendly and suitable for people with a reasonable fitness level. We will meet in the car park at 10am. Car parking is free. Please come dressed for the weather.

No need to book, just turn up!

Contact: 01292 616249

Start point: Ayr Academy Car Park – University Avenue, KA8 0SZ, Ayr

Distance: 6 Miles

# FESTIVAL SCHEDULE

## WEDNESDAY 7TH SEPTEMBER CONTINUED



### Stroll with it Irvine



TIME: 11am-12.30pm | LED BY: The Trinity Active Travel Hub

The Stroll with it Walk will be a short walk exploring Eglinton Park. Paths may be rough underfoot and can be muddy.

Booking essential - Email: [thetrinity@north-ayrshire.gov.uk](mailto:thetrinity@north-ayrshire.gov.uk)

Contact: [thetrinity@north-ayrshire.gov.uk](mailto:thetrinity@north-ayrshire.gov.uk)

Start point: Meet on Kilwinning Road at the bus stop after Watercut Road (entrance to Neil Brothers). This is the 1st bus stop after the A78 flyover. Public transport - Stagecoach bus 11 from Irvine Town Centre.

Distance: 1-3 Miles



### New Cumnock- Local is Best



TIME: 1pm-2.30pm | LED BY: NC Strollers with New Cumnock Development Trust

A local walk within New Cumnock with New Cumnock people. Come along and enjoy the beautiful scenery just outside of New Cumnock and learn a bit about the history along the way. Feel free to enjoy a cup of tea in our local café, Homemade with Love, after the walk.

No need to book, just turn up!

Contact: [Laura.ncdt@outlook.com](mailto:Laura.ncdt@outlook.com) or 07850475548

Start point: Swimming Pool Car Park - New Cumnock, across the road from the Townhall

Distance: 3 Miles



### Evening Health Walk Ayr Seafront



TIME: 6.30pm-7.30pm | LED BY: Ayr Active Travel Hub

Suitable for anyone as it is a flat route and on shared path or pavement.

Booking essential - <https://www.eventbrite.co.uk/e/358413272747>

Contact: [activetravelhubayr@gmail.com](mailto:activetravelhubayr@gmail.com)

Start point: Ayr Kids Playpark at the Pavilion entrance near the Ayr promenade.

Distance: 2.5 Miles

# FESTIVAL SCHEDULE

## THURSDAY 8TH SEPTEMBER



### Troon Health Walk



TIME: 10am – 11am | LED BY: Sport and Leisure, South Ayrshire Council

An hour long health walk at an easier pace.

No need to book, just turn up!

Contact: Tel: 01292 616442 / 269793 (Option 3) Email: [activityforhealth@south-ayrshire.gov.uk](mailto:activityforhealth@south-ayrshire.gov.uk)

Starting Point: Walker Hall, Troon KA10 6EF

Distance: 2 miles



### Wee Welly Wander



TIME: 10-11am | LED BY: East Ayrshire Leisure Trust

Bring your tiny tots for a 'Wee Welly Wander' in Dean Castle Country Park. Enjoy some fun nature activities along the way as well as some puddle splashing. Walk will be fully accessible and suitable for buggies and wheelchairs. Wellies recommended!

Booking essential - Book via email ([rangers@eastayrshireleisure.com](mailto:rangers@eastayrshireleisure.com))

Contact: Call 01563 554752 or email on email address above

Start point: DCCP Car park

Distance: 1 mile



### Coastal Walk- Millport



TIME: 10:30am-12:00pm LED BY: Graeme Walla, North Ayrshire Council Ranger Service

An easy walk from Crocodile Rock to Farland Point to see what amazing wildlife might call this Point home. Mostly level, tarmac, with rough paths at Farland Point and option to walk on sand at Kames Bay

Booking essential - Email Graeme, providing number of bookings & an emergency phone number (in case of cancellation etc)

Contact: [Graemewalla@north-ayrshire.gov.uk](mailto:Graemewalla@north-ayrshire.gov.uk)

Start point: Crocodile Rock, Millport, Cumbrae

Distance: 3.75km / 2.5miles roughly

# FESTIVAL SCHEDULE

## THURSDAY 8TH SEPTEMBER CONTINUED



### Nordic Walking Session



TIME: 1.30-2.30pm LED BY: Jessica Tang, Trinity Active Travel Hub

Poles will be provided for this Nordic walk. We will start with a short session on how to use poles followed by a 40 min walk around nearby Milgarholm and finishing off with a cool down/stretch back at the hub. Free coffee and cake provided after the session.

Booking essential - Email [thetrinity@north-ayrshire.gov.uk](mailto:thetrinity@north-ayrshire.gov.uk)

Contact: [thetrinity@north-ayrshire.gov.uk](mailto:thetrinity@north-ayrshire.gov.uk)

Start point: Trinity Active Travel Hub in Bridgegate

Distance: Roughly 2 miles



### Kay Park Loop



TIME: 1.30-3pm | LED BY: Kilmarnock Active Travel Hub

As part of the Ayrshire Walking Festival, The Kilmarnock Active Travel Hub will be running an hours long health walk from the Active Travel Hub up to and around Kay Park and finishing back at the Hub for Coffee, Cake and a blether.

Booking essential - Book <https://www.eventbrite.co.uk/e/ayrshire-walking-festival-the-hub-to-kay-park-loop-tickets-373820245417>

Contact: [info@activetravelhubkilmarnock.org](mailto:info@activetravelhubkilmarnock.org)

Start point: Kilmarnock Active Travel Hub, Kilmarnock Train Station

Distance: 3 miles



### Interpreting the Ayrshire's Coast with the Zepto app – Dunure Walk



TIME: 2-3.30pm LED BY: NatureScot

Explore this part of the Ayrshire Coastal path like never before. This guided walk will use the Zepto app to learn about NatureScot's 'Interpreting the Ayrshire's Coast' project and this stretch of the Maidens to Doonfoot, which is a Site of Special Scientific Interest. At the end of the walk we'll be visiting the Harbour View Coffee Shop. Please bring your smartphone with the Zepto app downloaded so we can show you how to explore this walk and other places using the Zepto app. Please bear in mind this walk is not limited to smartphone users.

Booking essential - Email ([STRATHCLYDE\\_AYRSHIRE@nature.scot](mailto:STRATHCLYDE_AYRSHIRE@nature.scot)) or call (07425352066 & 07717 695 362) to book on this walk.

Contact: [adaica.rodriguez@nature.scot](mailto:adaica.rodriguez@nature.scot) & [sian.williams@nature.scot](mailto:sian.williams@nature.scot)

Start point: Kennedy Park (in front of Dunure Castle), Dunure, KA7 4LW

Distance: 4 Miles

# FESTIVAL SCHEDULE

## FRIDAY 9TH SEPTEMBER



### Move More Dean Castle



TIME: 10am-11.30am | LED BY: Move More (Vibrant Communities)

Move More supports people living with and beyond cancer to be active, feel better and have more energy. Our walk will explore the park and is suitable for all levels as we have volunteers who can support you. Feel free to bring family and friends along.

Booking essential - Contact [Alistair.Owen@east-ayrshire.gov.uk](mailto:Alistair.Owen@east-ayrshire.gov.uk) or call 07904 962678 to book

Contact: As above

Start point: Dean Park Car park (beside benches)

Distance: 2-3 Miles



### Splendid Spiers



TIME: 12.30-1.30pm LED BY: North Ayrshire Council

A gentle afternoon stroll from the scenic village of Gateside, through the beautiful mature woodland of Spier's Old School Grounds. See the stunning Dawn Redwood, Cedar of Lebanon and Sequoia trees, and learn a wee bit about the history of these fine specimens.

Booking essential - Book by emailing [stewartbeck@north-ayrshire.gov.uk](mailto:stewartbeck@north-ayrshire.gov.uk)

Contact: As above

Start point: Gateside, Near Beith

Distance: 2.5 Miles



# FESTIVAL SCHEDULE

## FRIDAY 9TH SEPTEMBER CONTINUED



### Nordic Walk Largs



TIME: 1-2pm | LED BY: KA Leisure

A Nordic walk around the local landscapes that may include short inclines and/or increased pace on sections of the walk for participants to feel the benefits of using the Nordic Walking Poles.

Booking essential - Contact any KA Leisure Centre to book into walk or contact 07436561356

Contact: As above

Start point: Meet Vikingar front door, Largs

Distance: 1.5- 3 miles



### Bat Walk – Spier’s Old School Grounds



TIME: 7pm-8.30pm LED BY: North Ayrshire Council

As part of the Ayrshire Walking Festival, why not join a Ranger on a nocturnal walk through Spier’s Old School Grounds, learning about bats and eavesdropping on their weird and wonderful world? Family-friendly walk. outdoor-suitable clothing and sturdy footwear recommended. A light-source can be brought too.

Booking essential - Email: [graemewalla@north-ayrshire.gov.uk](mailto:graemewalla@north-ayrshire.gov.uk) Or call 07747 565845 to book

Contact: As above

Start point: Spier’s Old School Grounds (middle gates will be opened for parking)

Distance: Less than 1 mile



# FESTIVAL SCHEDULE

## SATURDAY 10TH SEPTEMBER



### Place-Name Walk in Auchinleck



TIME: 10-12.30pm | LED BY: Celtic & Gaelic, University of Glasgow

The aim of this walk is to take you on a journey through time using place-names as a guide. Place-names tell us about how people lived, worked and saw the world, as well as what languages they spoke. Some of the names we will encounter go back 1000 or more years, others only a decade or so. It will be a slow and easy walk taking us through a variety of landscapes. A leaflet will be provided.

No need to book, just turn up!

Contact: [thomas.clancy@glasgow.ac.uk](mailto:thomas.clancy@glasgow.ac.uk)

Start point: Car park on Barony Road, Auchinleck, near the Highhouse Colliery winding tower and Highhouse Bing, Auchinleck. Grid Reference: NS550216

Distance: 2 Miles



### Exploring Irvine Beach Park



TIME: 10.30am-12.30pm | LED BY: North Ayrshire Council Rangers

A gentle walk exploring Irvine Harbourside. As we stroll along the harbourside we will stop to take in the amazing views and wildlife of the area before heading onto the beach and wandering up through the sand dunes and through the beachpark before returning to our starting point

Booking essential - <https://www.eventbrite.co.uk/e/irvine-beach-park-nature-walk-tickets-359542720957>

Contact: [andrewtodd@north-ayrshire.gov.uk](mailto:andrewtodd@north-ayrshire.gov.uk)

Start point: By the Coastwatch station carpark at Irvine Beach Park - KA12 8FA

Distance: 2-3 miles



# FESTIVAL SCHEDULE

## SATURDAY 10TH SEPTEMBER



### Dundonald's Ancient Woodland



TIME: 2-4pm | LED BY: Friends of Dundonald Castle

A good length walk with some steeper and muddier patches. Starting at the Visitor Centre (takeaways available if you need a little sweet treat to get started). Suitable for all ages, but talk in the history and natural science of the area will be aimed at 12+.

No need to book, just turn up!

Contact: [events@dundonaldcastle.org.uk](mailto:events@dundonaldcastle.org.uk) or 01563 851489

Start point: Dundonald Castle Visitor Centre, Winehouse Yett, Dundonald, KA2 9HD

Distance: 4 miles



### Bat walk in Fullarton Woods



TIME: 7.30-9pm | LED BY: South Ayrshire Council Ranger Service

Join the Rangers for a guided walk around Fullarton Woods using bat detectors to hear these fascinating flying mammals. Free event but booking is essential as numbers are limited, please wear warm clothes and sturdy footwear.

Booking essential - Contact us on FB

<https://www.facebook.com/SouthAyrshireRangerService>

or by email: [Ranger.Service@south-ayrshire.gov.uk](mailto:Ranger.Service@south-ayrshire.gov.uk)

Contact: [Ranger.service@south-ayrshire.gov.uk](mailto:Ranger.service@south-ayrshire.gov.uk)

Start point: Fullarton Woods, Troon - Noticeboard opposite the toilet block.

Distance: Less than 2 Miles

# FESTIVAL SCHEDULE

## SUNDAY 11TH SEPTEMBER



### Craiglee and Wee hill of Craigmulloch



TIME: 10-12pm | LED BY: Doon Valley Walkers

Wee hill of Craigmulloch can be described as Galloways Ben A'an. Amazing views on a good day. Its steep on final approach. Onto Craiglee is over rough ground and steep in sections.

Rewarded with amazing views over the Northern Galloway Forest.

No need to book, just turn up!

Contact: 07944996655 or [jim@doonvalleywalkers.co.uk](mailto:jim@doonvalleywalkers.co.uk) or Doon Valley Walkers Facebook Page

Start point: Car park at Loch Doon Castle, GR NX483 949

Distance: 4 Miles



### Woodland Walk at Ayr Gorge Woodlands



TIME: 10-12.30pm | LED BY: The Scottish Wildlife Trust

The Scottish Wildlife Trust invite you to a guided walk in this delightful woodland along the River Ayr at Failford and discover evidence of its varied and interesting past as well as how we are preserving it for the future. Lots of chances to stop and talk about nature, ask questions and share knowledge. Be prepared for a walk of 3 miles with some steep sections. Dress for the weather and bring a drink/snack. Places are limited to 18 people so please contact the organiser if you cannot attend. Children 12+ welcome.

Booking essential - Contact Harry to book [hrichards@scottishwildlifetrust.org.uk](mailto:hrichards@scottishwildlifetrust.org.uk) or 07785 468 601

Contact: As above

Start point: Failford Village - B743, KA5 5TF. Parking limited - Please park considerately

Distance: 3 miles



Scottish  
Wildlife  
Trust

# FESTIVAL SCHEDULE

## SUNDAY 11TH SEPTEMBER CONTINUED



### Ranger-led walks in Dailly – The Quarry Trail and The Kilgrammie Trail



TIME: 10.30am-(Depends on the Route)| LED BY: South Ayrshire Council Ranger Service

The Rangers will be leading two walks in Dailly. The Quarry trail is a circular route that gives an opportunity to sample the area over a short period of time. The Kilgrammie trail is a slightly longer excursion with the possibility of seeing local wildlife. Refreshments available at the end of walks.

No need to book, just turn up (for more information contact us)

Contact: Email: [Ranger.Service@south-ayrshire.gov.uk](mailto:Ranger.Service@south-ayrshire.gov.uk) or Facebook  
[@SouthAyrshireRangerService](https://www.facebook.com/SouthAyrshireRangerService)

Start point: Dailly Community Centre, KA26 9SB for both walks

Distance: Two ranger led walks: Quarry trail – 2.5miles and Kilgrammie trail – 4.74miles



### Children's Wee Wild Walk and Nature Games in Dailly -Play the UnderSky way



TIME: 10:30-1pm| LED BY: UnderSky

UnderSky are local outdoor play enthusiasts who love to help families get closer to nature. Join us for fun outdoor games and a Children's Wee Wild Walk exploring the local park and woodland in Dailly. We'll be running, jumping, throwing, catching and searching as we discover more about our wonderful Scottish wildlife. Free healthy snacks and prizes for all children. Suitable for families and children aged 5-11 years.

No need to book, just turn up. While parents/carers go on the Ranger-led Walks (the Quarry Trail and the Kilgrammie Trail) children can play the UnderSky way. For more information contact Kathryn & Katie at UnderSky.

Contact: [hello@undersky.co.uk](mailto:hello@undersky.co.uk)

Start point: Memorial Park opposite Dailly Community Centre/Primary School, KA26 9SB

Distance: Approx 1 mile



# FESTIVAL SCHEDULE

## SUNDAY 11TH SEPTEMBER CONTINUED



### Nature and Cultural Heritage Walk along the Coast- Saltcoats



TIME: 10.30am-12pm | LED BY: North Ayrshire Council Ranger Service

A refreshing linear walk along the beautiful coast line from Saltcoats to Stevenston and back, suitable for buggies and wheelchairs and children over 7. You'll learn a little about the cultural heritage whilst we go and we'll be keeping our eyes peeled for some of our visiting wildlife. As we will be on the coastline, please wrap up warm and wear suitable footwear. There will be the opportunity to pop into Oscars Café to purchase some light refreshments after the leg stretch.

Booking essential - <https://www.eventbrite.co.uk/e/walk-saltcoats-to-stevenston-beach-part-of-the-ayrshire-walking-festival-tickets-352513295757>

Contact: [joannejohnston@north-ayrshire.gov.uk](mailto:joannejohnston@north-ayrshire.gov.uk) 07825 053 156

Start point: Montgomery Cres off of Winton St. Saltcoats, across from public toilets

Distance: 3 Miles



### Prestwick Coastal Route



TIME: 1-2.30pm | LED BY: Ayr Active Travel Hub

Our trained leaders will lead the group along a short section of the Ayrshire Coastal Path. Terrain is sandy with some undulating paths within the sand dunes.

Booking essential - <https://www.eventbrite.co.uk/e/358416733097>

Contact: [activetravelhubayr@gmail.com](mailto:activetravelhubayr@gmail.com) or 07970 709925

Start point: Meeting at the main car park at Prestwick Beach (behind Mancini's ice cream)

Distance: Approx 90 minutes



### Woodland Wellbeing Walk



TIME: 1-3pm | LED BY: East Ayrshire Leisure Trust

Take some time out from the stresses of everyday life by enjoying a gentle Woodland Wellbeing Walk. We'll stop in some of the more tranquil areas of the park where we can enjoy the sights and sounds of nature. We'll finish the walk with a nice hot drink.

Booking essential - Book via e-mail ([rangers@eastayrshireleisure.com](mailto:rangers@eastayrshireleisure.com))

Contact: Call 01563 554752 or email on email address above

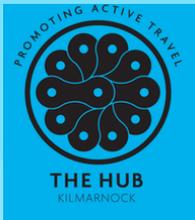
Start point: DCCP Car park

Distance: 1.5 miles



The Ayrshire Walking Festival has been organised in partnership between Ayr Active Travel Hub, Kilmarnock Active Travel Hub and The Trinity Active Travel Hub in Irvine.

The Active Travel Hubs promote walking, cycling and sustainable transport for short distance journeys. We are passionate about active travel and its wider reaching benefits and work to make Ayrshire communities healthier by changing travel habits and encouraging people to be more active. Our hubs run weekly walking and cycling activities to support and encourage people to choose to walk or cycle for more journeys. For more information please see;



**Email:** [Info@activetravelhubkilmarnock.org](mailto:Info@activetravelhubkilmarnock.org)  
**Facebook:** @athkilmarnock  
**Twitter:** @Travelhubkk  
**Instagram:** active\_travel\_hub\_kilmarnock



**Email:** [thetrinity@north-ayrshire.gov.uk](mailto:thetrinity@north-ayrshire.gov.uk)  
**Facebook:** @TrinityActiveTravelHub  
**Website:** <https://thetrinity.org.uk/>



**Email:** [activetravelhubayr@gmail.com](mailto:activetravelhubayr@gmail.com)  
**Facebook:** @athubayr  
**Twitter:** @athubayr  
**Instagram:** activetravelhubayr

The Active Travel Hubs in Ayr and Kilmarnock are a partnership project between Sustrans Scotland and South Ayrshire / East Ayrshire Council. The projects are funded by Smarter Choices, Smarter Places from Paths for All. The Trinity in Irvine is a North Ayrshire Council project supported by European Regional Development funds under Transport Scotland's Low Carbon Travel and Transport Challenge Fund. Thank you to all of our Funders.

